

Frequently Asked Questions

How should I prepare for my appointment and what can I expect?

To make your experience as comfortable as possible:

- Do not wear any deodorant, lotion, or cream around your chest area the day of your appointment.
- On the day of your appointment, wear a two-piece outfit, so you only need to remove your top. We will provide a gown for you to wear during the screening.
- The mobile mammography unit is a spacious coach with two changing rooms for your privacy.

How long will it take to get results and who can I talk to about them?

A radiologist will provide a report after your mammogram. If you are enrolled in **MyTowerHealth** patient portal, your results will be available in the platform as soon as the report is completed. If you are not enrolled in **MyTowerHealth**, you will receive a letter from Reading Hospital with your results within two weeks. If you do not receive your mammogram letter, please contact **Reading Hospital Imaging at Spring Ridge Breast Health Center: 484-628-3108**. To enroll in the **MyTowerHealth** patient portal, go to: www.towerhealth.org/mytowerhealth

What if my results are abnormal? Reading Hospital will follow up with you and your provider to schedule further testing. There are many reasons why mammograms are abnormal. In fact, the American College of Radiology estimates that only 1 in 10 patients called back for additional testing are found to have cancer.

Will my breast screening be as accurate as one I would get in a doctor's office or imaging center? Yes. Our Mobile Mammography Coach has the same professional staff and state-of-the-art technology found at any Reading Hospital Screening Mammography Imaging Center. Our highly-trained and experienced radiologists will review your scan.



Reading Hospital

TOWER HEALTH

Advancing Health. Transforming Lives.

484-628-2208

TowerHealth.org/MobileMammo

MOBILE MAMMOGRAPHY COACH

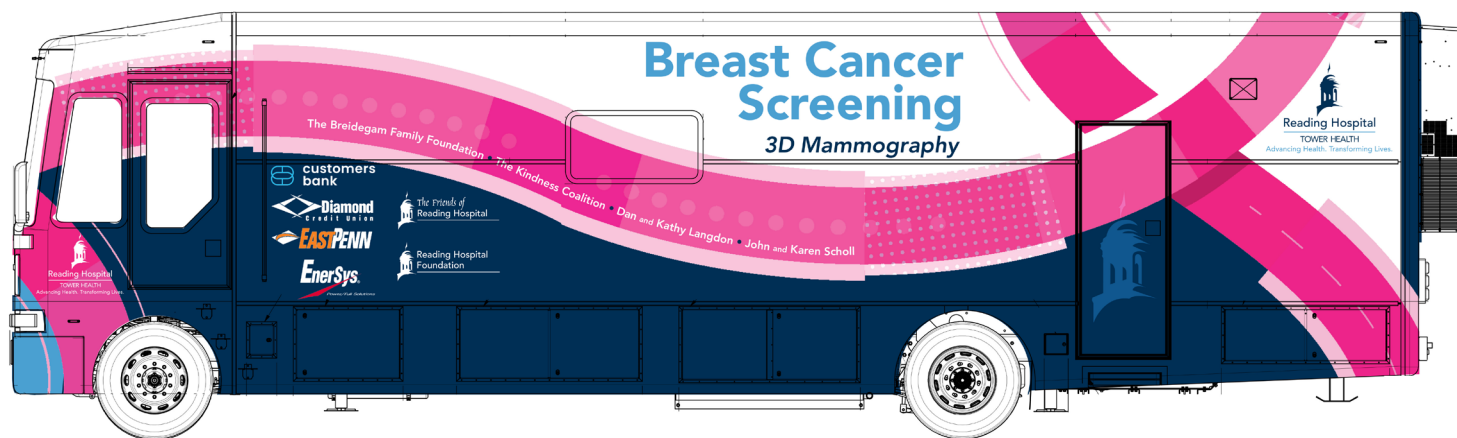
Early Detection Saves Lives



Reading Hospital

TOWER HEALTH

Advancing Health. Transforming Lives.



TOWER HEALTH
Advancing Health. Transforming Lives.

Now with Reading Hospital's Mobile Mammography Coach, getting a mammogram is easy, quick, and convenient.

A 15-minute breast cancer screening can save a life, but when life is busy it's easy to postpone scheduling. That's why we bring mammograms to the community.

3D mammography screenings are the standard of care for the early detection of breast cancer. Using an X-ray, the scan looks for abnormalities that cannot be seen by the naked eye. 3D mammography makes it easier for doctors to catch breast cancer early, when it is easier to treat.

Why Should You be Screened with 3D Mammography?

- **Better, Earlier Detection**
FDA approved as superior for women with dense breasts
- **Greater Peace of Mind**
Reduces unnecessary callbacks for false positives
- **Greater Accuracy**
Finds 20-65% more invasive breast cancers than conventional mammograms alone

Our Services

Our Mobile Mammography Coach offers screening mammograms (routine, annual exams for people with no current breast problems). If you currently have concerns regarding your breast health (e.g., a lump you can feel, nipple discharge, pain, dimpling of the breast, or nipple changes), please contact your physician immediately.

We will be visiting locations in the community to make it easier to have this life-saving screening. The Reading Hospital Mobile Mammography Coach has the same state-of-the-art technology and expert staff found at any of our breast imaging centers.

Schedule An Appointment

To schedule an appointment, call **484-628-8611**. Have your health insurance policy number and your provider's contact information handy.

Our Team

Our Radiologists are board certified with subspecialty training in mammography and are Mammography Quality Standards Act (MQSA)-qualified.

Our Breast Care Coordinators are certified in Breast Care Navigation by the National Consortium of Breast Centers.

Our Mammography Technologists are registered to perform mammography and are MQSA-qualified.

Frequently Asked Questions

Why do I need a mammogram?

A mammogram is the best screening tool for early detection of breast cancer. One in eight women will develop breast cancer in her lifetime, and most don't have a family history of the disease. The American College of Radiology recommends that all women get their first mammogram at the age of 40.

Can anyone get a breast screening at the Mobile Mammography Coach?

To qualify, you must be:

- Must be at least 40 years old.
- At least 365 days must have passed since the individual's last mammogram.
- An order is required from a provider.

If you are experiencing any concerning symptoms, such as a lump, please contact your physician immediately as you might need a diagnostic mammogram.

Do I need to schedule an appointment?

Yes. To schedule an appointment, call **484-628-8611**. Have your health insurance policy number and your provider's contact information handy.

What should I bring to my appointment?

Please bring your insurance cards and photo ID.

Will my insurance pay for my screening?

Preventive screenings are covered under most insurance plans.

What if I don't have insurance?

Reading Hospital is committed to saving lives through early detection. Our **Patient Financial Assistance Program** will work to enroll women who are under or uninsured and meet eligibility requirements. If you have any questions, please contact our **Reading Hospital Financial Counselors** at **484-628-7400**. **If you do not have insurance, this event is still for you.**

For more information, please call us at **484-628-2208**.

This program is sponsored by the **Reading Hospital Foundation**.